Welcome to the

PFLAG Resource Guide

The PFLAG vision is "A world where diversity is celebrated and all people are respected, valued, and affirmed inclusive of their sexual orientation, gender identity, and gender expression." This guide is meant to provide Ohio specific and national resources to assist with support group attendees' needs.

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ACADEMIC SUPPORT

General

- 1. Equality Ohio Education Fund
- 2. GLSEN (Academic Alliance)
- 3. <u>Ultimate Guide to Resources for LGBTQ+ Students</u>

University Specific

Ohio University

1. Ohio University LGBT Center

Miami University

1. LGBTQ+ Initiatives

Sinclair

1. BriTe SiGnaL Alliance at Sinclair Community College

University of Cincinnati

1. LGBT Center

University of Dayton

- 1. The Brook Center LGBTQ+ Student Services
- 2. <u>University of Dayton Spectrum</u>

Wright State University

- 1. Boonshoft Pride
- 2. Counseling and Wellness Center at Wright State
 - a. (937) 775-3407
- 1. Office of LGBTQA Affairs

BIPOC

Cincinnati

- 1. Cincinnati Black Pride
- 2. NAAAP Cincinnati Pride

National

1. The Center for Black Equity

CRISIS LINES

Call Lines

- 1. The National Suicide Prevention Hotline
 - a. (614) 221-5445
- 2. National Suicide Prevention Lifeline
 - a. (1-800-273-8255)

Text Lines

- 1. Crisis Text Line
 - a. Text "LISTEN" to 741-741
- 2. The Ohio Crisis Text Line
 - a. Text "4hope" to 741741

EXPANSIVE LGBTQ+ IDENTITIES

Lesbian

- 1. National Center for Lesbian Rights
- 2. Old Lesbians Organizing for Change

Gay

- 1. Gay and Lesbian Alliance Against Defamation (GLAAD)
- 2. GLBT National Help Center

Bisexual

- 1. Bi.org
- 2. BiLaw
- 3. <u>Bisexual Resource Center</u>
- 4. Bi Writers Association
- 5. How to Be an Ally to People Who Are Bisexual

Intersex

- 1. Intersex Advocates
- 2. Intersex Campaign for Equality
- 3. 3 Steps to Being a Better Ally to People Who Are Intersex

Asexual

- 1. <u>Asexual Visibility and Education Network</u>
- 2. The Ace and Aro Advocacy Project

Polyamory

- 1. Loving Without Boundaries
- 2. Normalizing Non-Monogamy

FAITH

- 1. Faith Resources for Christians
- 2. Faith Resources for Muslims
- 3. Faith Resources for Interfaith/Non-Denominational Communities
- 4. Faith Resources for Jews
- 5. Resources for Atheists and Humanists

GENDER IDENTITY & GENDER EXPANSIVE

General

- 1. Center of Excellence for Transgender Health
- 2. Crossport
- 3. Gatlyn Dame Group, Inc.
- 4. National Center for Trans Equality
- 5. Trevor Project
- 6. The Guide to being a Trans Ally

Local

- 7. Transgender Community of Greater Cincinnati
- 8. TransOhio
- 9. <u>Kaleidoscope Youth Center</u> (Columbus)

LEGAL

- 1. Lamda Legal
- 2. Transgender Legal Defense
- 3. Equality Ohio
- 4. BRAVO Buckeye Region Anti-Violence Organization
- 5. Greater Cincinnati Gay Chamber of Commerce

MEDICAL ASSISTANCE / MENTAL HEALTH

General Medical Care

Clevaland

- 1. Cleveland Clinic Center for LGBT Care
- 2. MetroHealth Pride Clinic/Network

Columbus

1. AIDS HealthCare Foundation - Columbus

2. Equitas Health

Dayton

- 1. Public Health of Dayton and Montgomery County
- 2. Equitas Health

Youth - Young Adult Specific

- 1. <u>Cincinnati Children's Hospital Transgender Health Clinic (ages 5-24)</u>
 - a. 513-636-4681
- 2. Living with Change Foundation (Cincinnati)
- 3. <u>Kaleidoscope Youth Center</u> (Columbus)
- 4. <u>Dayton Children's Hospital Gender Diversity Support Group</u>

Elder Specific

- 1. Rainbow Elder Care of Greater Dayton
- 2. National Resource on LGBT Aging (SAGE)

SOCIAL SUPPORT

Cincinnati

- 1. Cincinnati Men's Chorus
- 2. Girls Rock Cincinnati (Youth)
- 3. <u>TreeHouse Cincinnati</u>
- 4. Cincinnati Library Resources

Cleveland

1. LGBT Community Center - Greater Cleveland

Columbus

- 1. Kaleidoscope Youth Center (Columbus)
- 2. Queer Behavior
- 3. Stonewall Columbus

Dayton Area

- 1. <u>Dayton Daybreak David's Place</u>
- 2. Greater Dayton LGBT Center
- 3. Have a Gay Day

National

1. PFLAG National

PFLAG NATIONAL GLOSSARY OF TERMS

"Please note: This glossary includes terms which concern areas of sensitivity for many LGBTQ+ people. When discussing any element of this glossary with others, particularly LGBTQ+ people, use caution to prevent any harm which may arise from the discussion. Be sensitive when discussing some of these terms, as these words describe personal experiences which should not be broached lightly. No definition should be taken as legal or medical counsel."